

WHY OILS HEAL AND DRUGS DON'T

by David Stewart, Ph.D.

If you tell a medical doctor that essential oils can bring about healing with no negative side effects, they won't believe you. This is because in medical school students are repeatedly told by their professors that all effective medicines have negative side effects, and if they don't, then they can't be effective.

When I was in medical school one professor emphasized this point in a colorful, graphic manner with specially prepared slides. In each slide specific drugs were depicted as evil looking demons or goblins. As he presented each picture, he explained, "Although ugly and capable of doing harm, these 'demons' are also the bearers of some good. So long as the benefits outweigh the risks, we use them," he summarized. "We have no choice," he continued, "because if a drug has no dangers, then it can have no benefits. That's just the way it is. And that's why it is essential that only qualified physicians be allowed to prescribe medicines," he concluded.

Actually, the professor was telling the truth. Within the restricted practice of allopathy (MDs) the only real medicines are physician prescribed pharmaceuticals. Such medicines always do have negative side effects. All of them. No exceptions. Hence, doctors are trained to accept the bad with the good as the price of effective medicine.

The Danger is in the Drug, Itself

The dangers of prescription drugs are intrinsic to the drugs, themselves. No matter how careful the physician in prescribing and how compliant the patient in following doctor's orders, even then deaths and damages occur. In fact, according to the U.S. Centers for Disease Control, more than 100,000 Americans die every year, not from illegal drugs, not from drug overdoses, not from over-the-counter drugs, and not from drug abuses, but from properly prescribed, properly taken prescriptions. In this country, more people die from doctor's prescriptions every ten days than were killed in the 9/11 terrorist attacks.

Why is this so? Why do allopathic drugs always have undesirable effects (along with their apparent benefits) while one can find healing with natural products, such as essential oils, with no undesirable effects? Here is why.

Why Companies Deliberately Sell Dangerous Products

It is illegal to patent any natural product. The way to big profits in the medicine industry is to create an unnatural substance that never before existed in nature, then patent it, and obtain a monopoly. Hence, the molecules of pharmaceutical drugs are all strange to the human body. In all the history of humankind, such molecules were never encountered or taken into any human body. Hence, the body does not easily metabolize them. God never made your body to accept and deal with these chemicals and antibiotics. Hence, you can find traces of prescription drugs in your body that were taken in childhood, decades ago.

On the other hand, natural molecules, such as those found in essential oils, are easily metabolized by the body. In fact, your body was created to handle them. When an essential oil molecule finds the receptor sites it was designed to fit and conveys its information to the

cell, or participates in other therapeutic functions, it then goes on its way to the liver and the kidneys and moves out of the body. Its benefits have been conveyed and its job is complete.

By contrast, the unnatural molecules of man-made drugs attach themselves to various tissues, disrupting normal function, for years while the body tries to figure out what to do with them. Meanwhile, they wreak mischief with our bodily functions and even our minds.

Drugs versus Oils

Drugs and oils work in opposite ways. Drugs toxify. Oils detoxify. Drugs clog and confuse receptor sites. Oils clean receptor sites. Drugs depress the immune system. Oils strengthen the immune system. Antibiotics attack bacteria indiscriminately, killing both the good and the bad. Oils attack only the harmful bacteria, allowing our body's friendly flora to flourish.

Drugs are designed to send misinformation to cells or to block certain receptor sites in order to trick the body into giving up symptoms. But drugs never deal with the actual causes of disease. They aren't designed for that purpose. While they may give prompt relief for certain uncomfortable symptoms, because of their strange, unnatural design, they will always disrupt certain other bodily functions. Thus you always have some side effects.

Oil molecules send information to cells and cleanse receptor sites so that they bring your body back to natural function. Oils are Balancing to the body. Drugs are unbalancing to the body. Oils address the causes of disease at a cellular level by deleting misinformation and reprogramming correct information so that cells function properly and in harmony with one another. With drugs, misinformation is fed into the cells so that some temporary relief may be obtained, but there is never any true healing. Drugs only trade one kind of disease for another.

Because essential oils properly applied always work toward the restoration of proper bodily function, they do not cause undesirable side effects. They are feeding the body with truth. Drugs feed the body with lies. While no amount of truth can contradict itself, it doesn't take many lies before contradictions occur and the body suffers ill effects.

Sixteen Doctors Speak Out

Not all physicians are caught up in the idea that the only good medicines are ones that can also be harmful. Here are some comments by physicians, themselves, on the practice of medicine.

"The cause of most disease is in the poisonous drugs physicians superstitiously give in order to effect a cure." Charles E. Page, M.D.

"Medicines are of subordinate importance because of their very nature, they can only work symptomatically." Hans Kusche, M.D.

"The person who takes medicine must recover twice, once from the disease and once from the medicine." William Osler, M.D.

"If all the medicine in the world were thrown into the sea, it would be bad for the fish and good for humanity" O.W. Holmes, M.D. (Prof. of Med. Harvard University)

"Drug medications consist in employing, as remedies for disease, those things which produce disease in well persons. Its material medica is simply a lot of drugs or chemicals or dye-stuffs—in a word poisons. All are incompatible with vital matter; all produce disease when brought in contact in any manner with the living; all are poisons." R.T. Traill, M.D., (lecture to members of congress and the medical profession, Smithsonian Institute, Washington D.C.)

"Every drug increases and complicates the patients condition." Robert Henderson, M.D.

"The greatest part of all chronic disease is created by the suppression of acute disease by drug poisoning." Henry Lindlahr, M.D.

"Every educated physician knows that most diseases are not appreciably helped by medicine." Richard C. Cabot, M.D. (Mass. Gen. Hospital)

"Medicine is only palliative, for back of disease lies the cause, and this cause no drug can reach." Wier Mitchel, M.D.

"Medical practice has neither philosophy nor common sense to recommend it. In sickness the body is already loaded with impurities. By taking drug - medicines more impurities are added, thereby the case is further embarrassed and harder to cure." Elmer Lee, M.D., Past Vice President, Academy of Medicine.

"Our figures show approximately four and one half million hospital admissions annually due to the adverse reactions to drugs. Further, the average hospital patient has as much as thirty percent chance, depending how long he is in, of doubling his stay due to adverse drug reactions." Milton Silverman, M.D. (Professor of Pharmacology, University of California)

"What hope is there for medical science to ever become a true science when the entire structure of medical knowledge is built around the idea that there is an entity called disease which can be expelled when the right drug is found?" John H. Tilden, M.D.

"We are prone to thinking of drug abuse in terms of the male population and illicit drugs such as heroin, cocaine, and marijuana. It may surprise you to learn that a greater problem exists with millions of women dependent on legal prescription drugs." Robert Mendelsohn, M.D (author of book, "Confessions of a Medical Heretic.)

"Why would a patient swallow a poison because he is ill, or take that which would make a well man sick." L.F. Kebler, M.D.

"Drugs never cure disease. They merely hush the voice of nature's protest, and pull down the danger signals she erects along the pathway of transgression. Any poison taken into the system has to be reckoned with later on even though it palliates present symptoms. Pain may disappear, but the patient is left in a worse condition, though unconscious of it at the time." Daniel. H. Kress, M.D.

"The necessity of teaching mankind not to take drugs and medicines, is a duty incumbent upon all who know their uncertainty and injurious effects; and the time is not far distant when the drug system will be abandoned." Charles Armbruster, M. D.

Conclusion

So there you have it, why oils heal and drugs don't. Let's hope Dr. Armbruster is right, that "the time is not far distant when the drug system will be abandoned." Pharmaceutical companies and their physician drug dealers could market and sell natural products with genuine healing capabilities, but most won't. There isn't any money in it.

In my opinion, changing the medical system toward more natural and spiritual forms of healing is impossible. The system can't change. It must be replaced. Those of you who have opted out of the system in favor of essential oils and their physical, mental, emotional and spiritual benefits are among the pioneers who are replacing the system.

And for those of you who have taken prescriptions drugs over long periods of time, essential oils are your best friend because they can cleanse the residues of these drugs from your system once and for all and help restore your body back to its natural healthy state.

Official Newsletter of C.A.R.E.
The Center for Aromatherapy Research and Education

Volume 1, Number 8
September 2003

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